

1. I often can't find the right words to express what I want to say.	<input type="checkbox"/> True	<input type="checkbox"/> False
2. I worry that exposing myself to my partner will result in rejection.	<input type="checkbox"/> True	<input type="checkbox"/> False
3. I often don't talk because I am afraid my opinion is wrong.	<input type="checkbox"/> True	<input type="checkbox"/> False
4. Speaking up will only make things worse.	<input type="checkbox"/> True	<input type="checkbox"/> False
5. I talk too much and don't give my partner a chance to speak.	<input type="checkbox"/> True	<input type="checkbox"/> False
6. I don't look forward to talking to my partner.	<input type="checkbox"/> True	<input type="checkbox"/> False

7. Once I get started in an argument, I have trouble stopping.	<input type="checkbox"/> True	<input type="checkbox"/> False
8. My speech is often defensive.	<input type="checkbox"/> True	<input type="checkbox"/> False
9. I frequently bring up his or her past failures.	<input type="checkbox"/> True	<input type="checkbox"/> False
10. My actions don't match what I say.	<input type="checkbox"/> True	<input type="checkbox"/> False
11. I don't really listen.	<input type="checkbox"/> True	<input type="checkbox"/> False
12. I try to repay anger with anger or insult with insult.	<input type="checkbox"/> True	<input type="checkbox"/> False
13. I tease my mate too much.	<input type="checkbox"/> True	<input type="checkbox"/> False
14. I talk about really important things too rarely.	<input type="checkbox"/> True	<input type="checkbox"/> False
15. I often lie by omission.	<input type="checkbox"/> True	<input type="checkbox"/> False
16. I hate it when my partner brings up a problem.	<input type="checkbox"/> True	<input type="checkbox"/> False
17. I think it's important to lay out to my partner all of the complaints I have about him or her.	<input type="checkbox"/> True	<input type="checkbox"/> False
18. I state my complaints in a heated manner.	<input type="checkbox"/> True	<input type="checkbox"/> False
19. I tend to say, "You always" or "You never" when discussing my complaints with my partner.	<input type="checkbox"/> True	<input type="checkbox"/> False
20. I rarely state my complaints so as to keep from hurting my spouse.	<input type="checkbox"/> True	<input type="checkbox"/> False
21. I don't like to argue because I feel arguing reflects badly on the relationship.	<input type="checkbox"/> True	<input type="checkbox"/> False
22. I don't like to discuss our negative feelings because it only makes us feel worse.	<input type="checkbox"/> True	<input type="checkbox"/> False
23. I don't feel I should have to bring up what's bothering me because my partner should already know.	<input type="checkbox"/> True	<input type="checkbox"/> False